

Blyth Star Enterprises

**Community
Activities South
East
(CASE)**

**South East
Northumberland**



*Blyth Star
Enterprises*

To reduce loneliness, isolation, depression

The CASE project provides a range of social activities in Blyth, Cramlington, Morpeth in the evenings and weekends. Anything from:

IT classes, Photography, Music nights, Art & Craft, Exercise just to name a few...

The CASE project will create committee/volunteers of people with mental health issues, isolated, depression and learning disabilities who will take the lead on identifying future activities.

Please contact Rachael for more information

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